

Curriculum:

Cardiopulmonary Resuscitation

Cardiopulmonary Resuscitation Training—

“Cardiopulmonary resuscitation,” or “CPR,” means artificial ventilation or external chest compression applied to a person who is unresponsive and not breathing.

[Utah Code § 53G-10-408\(1\)\(b\) \(2022\)](#)

“Psychomotor skills” means sequences of physical actions that are practiced in a manner that supports cognitive learning.

[Utah Code § 53G-10-408\(1\)\(e\) \(2022\)](#)

Beginning with the 2022-23 school year, the District shall provide CPR training to high school students. The instruction shall be consistent with the Utah State Board of Education Health Education Core Standards, shall follow current Emergency Cardiovascular Care guidelines for CPR, shall be provided using a certified CPR instructor, and shall use cognitive and psychomotor training unless the student is in an online-only instructional experience. As closely as possible, the District shall maintain a student to instructor ratio of no greater than 15:1 and a mannequin to student ratio of no greater than 1:6.

[Utah Code § 53G-10-408\(5\) \(2022\)](#)

Utah Admin. Rules R277-465-3(1), (2), (4) (July 22, 2022)

Each student must complete CPR training at least once while the student is in grades 9 through 12 unless one of the following exceptions applies:

1. The student’s parent or guardian requests that the student be exempted from the training;
2. The student provides the District with documentation showing that the student has previously received CPR training or has a current CPR certification; or
3. The student has an Individualized Education Program and the CPR training is inconsistent with that program.

[Utah Code § 53G-10-408\(4\)\(c\). \(7\) \(2022\)](#)