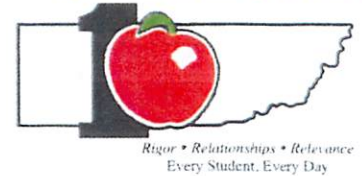


COVID-19 Quarantine Information Sheet

Kane School District



Student/Staff Name: _____

Date of Exposure: _____

Quarantine End Date: _____

EXPOSURE OUTSIDE OF SCHOOL OR HOUSEHOLD

Students, teachers, and employees who are exposed to COVID-19 outside of the school setting may end quarantine:

- **On day 10 without testing.** If you don't have symptoms of COVID-19, you can end quarantine 10 days after the last time you had close contact with the person who tested positive.

- **On day 7 with a negative test result.** You can get tested on day 7 of your quarantine. You can end quarantine if your test is negative and you don't have any symptoms of COVID-19. You must wait at least 7 days after the exposure to be tested. You must continue to quarantine until you get your test results back.

HOUSEHOLD EXPOSURE

People who live with someone who tests positive (called a household contact) must quarantine for 10 days from the last day of exposure to the person who tested positive. **They may not end quarantine sooner than 10 days, even if they don't have any symptoms or test negative.** A household contact is a person who lives with someone who has tested positive for COVID-19. Household contacts are at a much higher risk of getting infected with the virus.

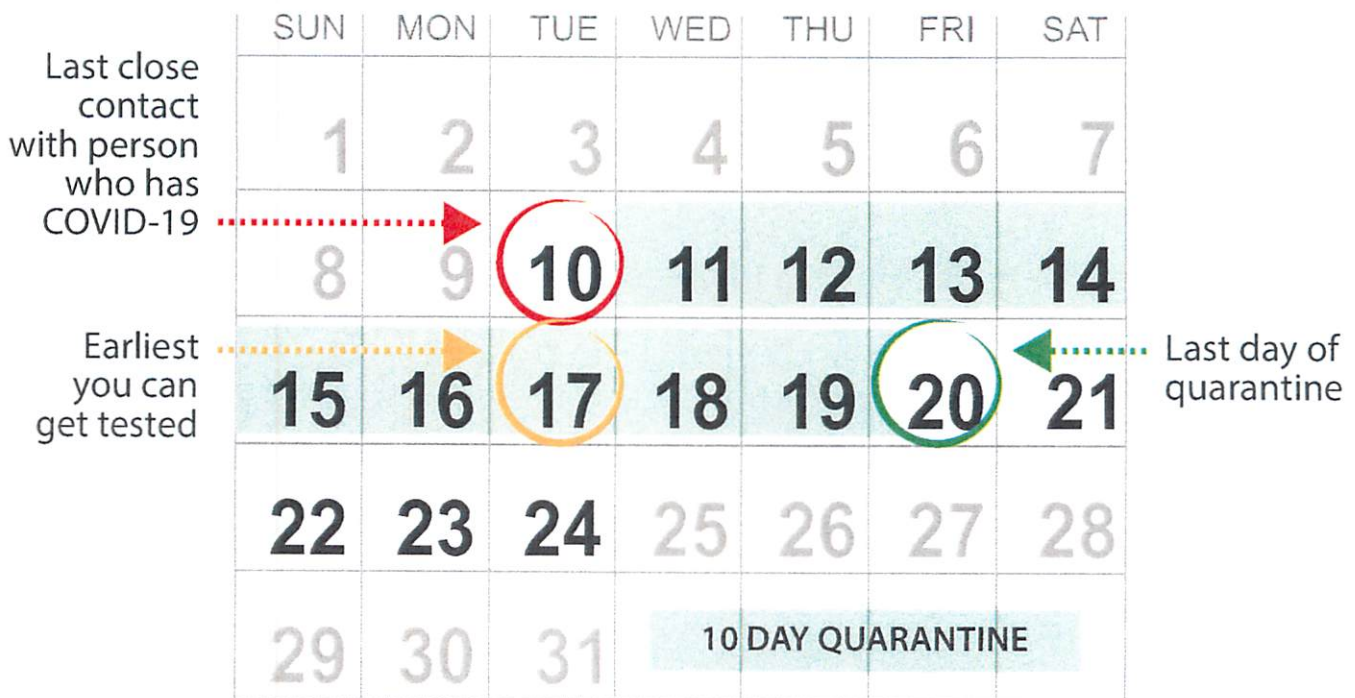
Anyone who was exposed to the virus needs to watch for symptoms until it has been 14 days since they were last exposed, even if they have returned to in-person learning or work.

Please call or email your school's principal with any questions. You may also reach out to the Kane District Point of Contact, Jamie Little, using the information below, or call the health department for more information.

Kane School District - Jamie Little
littlej@kane.k12.ut.us
435-644-2555 ext. 4 (office)
435-689-3036 (cell)

How to determine when someone can end quarantine³⁷

- The POC will work closely with the health department to find out the last time someone had close contact with the person who tested positive for COVID-19 (last date of exposure).
- The POC will give the person who was exposed the date of last exposure and when the person can return to school or work.
- If the person who was exposed meets the criteria on page 20 to NOT quarantine, he or she should monitor for symptoms for 14 days. Public health also recommends testing 7 days after the exposure, even though testing is not required to return to school in this case.
- If the person who was exposed meets the criteria on page 20 to quarantine, he or she should quarantine for 10 FULL days. If the person who was exposed chooses to be tested, he or she must wait 7 FULL days from the date of last exposure to get tested.
- People who are living with someone who tests positive for COVID-19 may need to quarantine for longer than 10 days because they have ongoing exposures.



³⁷ <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>