



COVID-19 testing referral certificate

Name of Staff/Student: _____

You were exposed at: _____
Name of school

to someone who tested positive for COVID-19 on _____ (date). The Utah Department of Health recommends you get tested for COVID-19 following the guidelines below.

You should stay at home for 14 days or until you receive your test results.

Getting tested for COVID-19:

Please wait a minimum of 7 days after you were exposed to get tested. This lets enough of the virus build up in your body to be detected by the test.

If you are uninsured you may qualify for COVID-19 testing coverage through Medicaid.

If you are uninsured and do not qualify for the Medicaid option, you may qualify for assistance through Kane County Hospital.

On day 7, if you are still not experiencing symptoms, and want to be tested to return to school, please contact Jamie Little at Kane School District Office 644-2555x4, who will arrange for you to be tested at the hospital as long as the attached "Low Risk Test & Return" guidelines are followed.

You will receive your test results from the healthcare provider or testing location where your sample is collected.

If you test positive, you must notify your school immediately so they can identify with whom you have been in contact since you contracted COVID-19.

Returning to school:

You may return to school after you have received a negative test result, and the written note is provided to your school principal. Students exposed to COVID-19 who do not wish to submit to a test, may return to school 14 days from the date of exposure.

While you are quarantined:

- Check for symptoms of COVID-19 and take your temperature once in the morning and once in the evening every day.
 - Symptoms include fever (100.4°F), cough, shortness of breath, sore throat, a decrease in sense of smell or taste, or muscle aches and pains.
 - You should stay home and away from other people as much as possible. You should not go to school or other activities until your quarantine is over.
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Please call or email your school's principal with any questions. You may also reach out to the Kane District Point of Contact, Jamie Little, using the information below, or call the health department for more information.

Kane School District - Jamie Little
littlej@kane.k12.ut.us
435-644-2555 ext. 4 (office)
435-689-3036 (cell)

Southwest Utah Public Health Department
435-673-3528

Low Risk Test and Return

A student, teacher, or staff member who was exposed at school to someone who tested positive for COVID-19 may return to work at a school or in-person learning if he or she meets ALL of the following:

1. The school verifies the student, teacher or staff member who was exposed and the person who tested positive were both wearing a face mask as defined by the State Public Health Order on masks in schools.
2. The quarantined student, teacher, or staff member has a negative COVID-19 test result (must be a PCR or antigen test, not an antibody test). The test result must be from at least 7 days after the last exposure to the person who tested positive.
3. The student, teacher, or staff member does not have symptoms of COVID-19.

The Low Risk Test and Return protocol does not apply to students, teachers, staff, or settings that are exempt from the State Public Health Order on masks in schools.

If the student, teacher, or staff member who was exposed meets ALL three criteria he or she may return to work, school or related activities, if the employee or the parents of the student choose. If the person does not meet ALL three criteria or chooses not to get tested, he or she should quarantine at home for 14 days from the last day of exposure.

Anyone who has been exposed to COVID-19 and comes back to school must continue to watch for symptoms. If employees or students get symptoms, they should isolate at home and call their healthcare provider.

These guidelines only apply to exposures that occur at school.